

## IS THIS CAMP FOR ME?

DO YOU THINK YOU ARE PRETTY FAST?

DECENT JUMPER?

WANT TO GET IN SHAPE?

DID YOU ENJOY FIELD DAY?

LIKE TO THROW THINGS?

ARE YOU ATHLETIC?

PRETTY STRONG?

EVER WIN A NATIONAL FITNESS AWARD?

KNOW ANYONE ON THE TRACK TEAM?



These people said “YES!” to at least one of the above questions. If you answered yes open this pamphlet

**NOW!**

## TO THE PARENTS:

It seems in today's high school sports programs students have to dedicate themselves to all year round training just to make the team. Most students have too many other academic activities that they are involved in to sacrifice so much time to an athletic sport. Many of these students would love to be able to participate in a varsity sport but just do not have the time. Track and field is an excellent opportunity for these students. There are no cuts in track, the season is short and everybody gets a chance to participate in a fun, competitive atmosphere. We would like to give all students a chance to experience track and field at this camp and hopefully have them join the track team when they are in high school.

\* If your son or daughter wants to train all year round in a track event, we do offer a winter track program at the high school for Parkland area athletes who wish to pursue track and field in college.

**F.Y.I.** If it rains during the week of camp, campers should be prepared to participate in the rain. We will move the camp indoors if the rain is too hard or if there is any lightning in the area. In the event of rain, we will use the gym areas, weight room, classrooms, and hallways in PHS to train the athletes. For further information

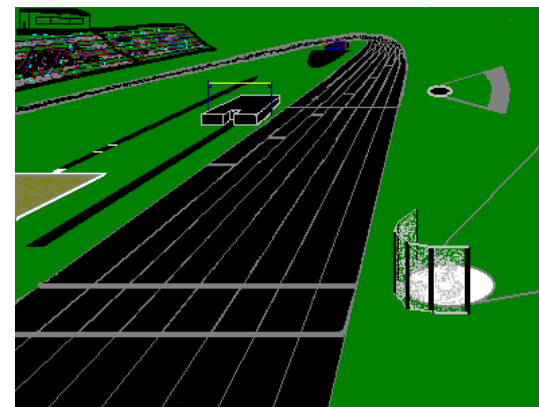
Call: 610) 366-7189

email us at [levansj1@gmail.com](mailto:levansj1@gmail.com)

visit our website at <http://www.stewartp.org/Big%20Red%20Track%20Camp%202016.pdf>

# BIG RED

## TRACK and FIELD CAMP



### At Parkland High School

2700 N Cedar Crest Blvd. Allentown, PA 18104

Ages 6 and up (Rain or shine)

**July 5th –9th 2016**

**Tuesday-Friday (9:00-3:00)**

**Track Meet Saturday  
(9:00-12:00)**

**BIG RED TRACK CAMP** will give the camper an overview of all 18 track and field events. A fun learning environment, great instruction and an exciting track meet on Saturday

**If you want to be the best you can be, or just try a new sport this camp is for you. Many athletes have used track and field to enhance their performance in other sports!**

**Camp Co-Director Scott LeVan**

32 years head track coach PHS (36 years track coaching)  
26 Championship Titles  
235 District XI Gold Medalists  
49 PIAA State Medal Winners  
4 State Champions  
1 Penn Relay Champion 2 Medalists  
1398 League and District Medal Winners  
PA State Team Runner up 2004  
Over 500 career track wins!!

**Camp Co-Director Will Robertson**

Former Head Coach of the 2000 PIAA girls cross country state champions, District XI and 2 MVC Team Championships  
2 District XI and 2 MVC Individual X/C Champions  
7 AAA state individual X/C medalists  
4 years head cross country coach  
18 years assistant track coach PHS  
8 State jumping medal winners  
1 State High Jump and 1 long Jump Champion  
PHS girls basketball assistant 5 years

**Tim Cunningham**

Head Coach at Northwestern H.S.  
Former Head Track and Field Coach at Nazareth High School

**Dan Wesner**

3X State Champion Cross Country Coach and 11 years assistant Track and Field jumping coach at Emmaus High School Assistant track Coach at DeSales University

**Mike Facchiano**

Former track Parkland, Moravian College track athlete  
Present Parkland Track and Field assistant coach

**Ryan Kleintop**

Former Track and Field State Medal winner in the Triple Jump. Multi medal winner in all jumping events at Parkland. Standout Long Jumper at Penn State

Coach LeVan always surrounds himself with quality staff and personnel. The additional staff, guest speakers, as well as level of instruction, will be among the best in the state.

**ABOUT THE CAMP**

**Philosophy**

To expose all campers to every track and field event, as well as experience the thrill of competing in a regulation track meet in the events they choose. We hope that each camper will participate in three events in the track meet.

**Eligibility**

All athletes ages 6 -15

**Camp Schedule (Rain or shine)**

Wednesday and Thursday 9:00 - 3:00  
Instruction/practice of individual events  
Use of athletic facilities including basketball/ tennis/volleyball/weight-room and pool  
Friday 9:00 – 3:00  
Time to develop specialized skills in events the camper wishes to participate in Saturday's track meet.  
Seeding trials for Saturday's track meet.  
Saturday 9:00 – 11:30  
TRACK MEET!!!!!!!!!!!!  
Award ceremony/medal presentations (including campers of the day and week!)  
Post meet pizza party

**Recreational Facilities**

8 lane 400 meter all weather track  
4 jumping pits  
1 Olympic high jump pit  
Indoor 8 lane Olympic pool  
Fitness and Weight facilities  
Cross Country course  
Tennis courts  
2 full size gymnasiums

Each camper should bring his or her own lunch, drink (water bottles), sneakers, etc.

Over the years many past campers have been successful at the high school level.. Most recent alumni **Nolan Hay** was the PIAA State Champion in the long jump and **Kelly Robertson** placed 5th in the triple Jump! More to come.....

**Registration Form Track**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_ present grade \_\_\_\_ gender \_\_\_\_\_

Camp time phone # \_\_\_\_\_

Email Address (for confirmation)

\_\_\_\_\_ @ \_\_\_\_\_

**Please print clearly**

The cost of the camp is \$185.00 (when received before 6/20/2016)

Late Registration (after 6/20/2016) \$200.00.

Make check or money order payable to:

**Scott LeVan**

**785 Parkway Rd  
Allentown, PA 18104.**

**Camp size is limited.** Campers will be accepted on a first come first serve basis so mail this in soon! No refunds after **June 27, 2016**

**T-Shirt Size**

Youth S M L  
Adult S M L XL

**Parental Consent**

I hereby grant permission for my child to attend the **Big Red Track Camp** and verify that my child has received a physical examination in the past year and is physically capable to participate in the activities related to the camp. In case of any emergency requiring medical attention, I hereby authorize the staff of the **Big Red Track Camp** to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the camp and/or its agents or employees from all liability or illness to my child as well as any injury or damage caused by my child while my child is at the camp. I verify that my child is covered under a current medical insurance plan. I also understand that for liability reason this camp is not a Parkland School District sponsored activity

\_\_\_\_\_  
Must be signed by parent or guardian

Recommended by: \_\_\_\_\_